



Christine Van Arsdale

Christine Van Arsdale was classically trained as a harpist at Queens College and the Cincinnati College-Conservatory of Music. She has gone on to become a folk harp enthusiast and relentlessly embraces new and fascinating aspects of the harp world, such as in her travels to Spain to study the ancient, cross-strung Spanish harp, or her recent training in philosophical performance practices with jazz harpist Deborah Henson-Conant.

She has been a prize winner at an array of harp competitions in the U.S. and France. Presently, Christine is a member of both the Spartanburg and Charlotte Symphonies and works as a musician-educator for the Arts Teach partnership with the school system. She teaches harp at Davidson College and Central Piedmont Community College and maintains a private studio for teaching children and adults of all ages.



A Meditative Journey through Voice and Instruments with Jacquelyn Culpepper, soprano and Christine Van Arsdale, harp. The day long workshop explores the use of voice & musical instruments to provide soothing music at the bedsides of hospice patients. Target audience includes: singers, instrumentalists, harpists, therapeutic musicians, music therapists, hospice professionals, hospice volunteers, nurses, chaplains, and other human services professionals.

Musicians are requested to bring instruments and come prepared to sing. Non-musicians have the opportunity to experience the affects of meditative music. During the session, *Breathing Spaces: Self Care on the Journey*, Karen Kaser-Odor will give participants the tools they need to promote self care. Instrumentalists and singers will go to break-out sessions to learn a diverse repertoire of meditative music. *Creating Contemplative Music* will be led by Christine Van Arsdale, harp. *Singing Meditation: Perspiration, Preparation, Inspiration* will be led by Jacquelyn Culpepper, soprano. Artists will draw on chants and rounds from many varied faiths, traditions and cultures including: Jewish, Christian, African, Eastern religions, folk, & classical. Kathleen Blackwell-Plank will provide participants information on *Meditative Music Resources*. Afternoon joint session, *Collaboration: Music in Community* will bring voices and instruments together. The workshop will conclude with participants providing music for patients at Tucker Hospice House.



Jacquelyn Culpepper

Growing up in the Blue Ridge Mountains of North Carolina, Jacquelyn Culpepper heard shape note music, gospel quartets and knew from a young age that she was “born to sing”. Jacque will share expertise on vocal technique, breathing, diction, vocal health and building repertoire. Her beautiful soprano voice has been heard around the world in over 85 opera and oratorio roles. Her talent has taken her to prestigious concert venues from Washington’s John F. Kennedy Center for the Performing Arts to Atlanta’s Symphony Hall. She has also appeared on PBS. Her national broadcasts include *An Evening with Cole Porter* and *Salute to Masterpiece Theatre*. Jacquelyn Culpepper is currently Artist Associate of Voice at Davidson College in Davidson, North Carolina.

